

# Sharing Isn't Always Caring

2022 OCF Guidance for Addressing Illness Onsite

This document is subject to change, and will be distributed promptly if changed.

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The #1 priority at OCF this year should be to reduce the spread of ALL infectious disease, not just Covid-19.

Symptoms of Covid include

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

These symptoms are general and nonspecific. They are also the symptoms of many other viral illnesses, heat related illness, seasonal allergies or reactions to excessive dust, and of course some can be symptoms of intoxication.

The only way to know if you have Covid is to test but given that tests can also be falsely negative especially early in the course of the disease, a negative Covid test is not a 100% guarantee.

What do I do if I'm feeling sick?

- The best way to keep people healthy is not to expose them to illness. If you're feeling sick, the best thing to do is to stay home or if at all logistically possible leave the property until your symptoms have resolved.
- **This means that the #1 thing you can do to prevent the spread of Covid and all other infectious disease at OCF this year is to BE FLEXIBLE. We want our volunteers, vendors, artists, and staff to feel comfortable NOT working if they're sick.** In order to be successful advocating for this, we need everyone to be willing to help out if the need arises.

Can I get a Covid test to make sure I can stay?

- We will not have Covid testing available on site. You can bring home tests if you would like to have them for personal use.

- As stated above, however, Covid tests can be falsely negative. Please do not use a negative home Covid test as a free pass to work while you're sick.

How long do I need to stay away if I'm sick?

- If you test positive for Covid, I recommend that you not return to the site for 5 days or until your symptoms have resolved whichever one takes LONGER.
- If you do not test or you test negative for Covid, please do not return to the site until your symptoms have resolved.

What if it is impossible for me to logistically leave the site?

- Please try to coordinate with your crew and camping coordinators to see if there is a possible way to arrange for your safe departure.
- If this is not possible, please wear a mask at all times when you are around other people even if you have a negative home Covid test result.
- If you have a positive home Covid test, please let your crew and camping coordinators know, try to arrange to leave the site, wear a mask, and isolate to your camp if you are unable to leave.

Someone in my camp or on my crew tested positive for Covid. Do I need to test too?

- A close contact is someone you have been within 6 feet of for more than 15 minutes in a 24-hour period. For this reason, please be mindful of remaining spaced out while camping this year and avoid sharing anything with your campmates or crew friends that touched your nose or mouth.
- If you've been in close contact with someone who tests positive for Covid, wear a mask at all times. It is recommended that you test 5 days after your exposure or if you develop symptoms.
  - If you develop symptoms, please attempt to leave the site or isolate to your camp.

Please note that all the above information is a recommendation. As medical professionals we are here to provide guidance not enforcement. Our patients also have a right to privacy, so we will not be reporting those with symptoms of illness if they seek care at White Bird. We will use these guidelines to advise them of the best course of action.

Again, the best way to prevent the spread of Covid and all other infectious diseases at OCF this year is to be ready to support our volunteers, vendors, staff, and artists so they don't feel obligated to work their shifts if they are sick, and they feel supported by the organization if they need to leave.

Questions?

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White Bird & OCF 2022